

## NPO - Solidarity of International Judo Education

June 6th, 2014

I am very happy to learn that our re-cycled judogis are presented to Cuban Judo Federation through Japanese Foreigh Affairs.

We have been presenting about 40000 re-cycled judogis to more than 145 different countries since 1990, in order to support their judo development.

9 years ago, I established the NPO-Solidarity of International JUDO Education with the cooperation and support from many people, to address the issues involved in spreading judo worldwide and fulfilling the mission of judo in society. The organization has three major objectives: global dissemination of judo, cultural exchange and cross-cultural understanding through judo, and youth education through judo. Its motto is "Judo, Friendship and Peace."

The motto of our NPO meaning that players of judo, which is a person-to-person competitive sport, encourage each other to improve their mind, skills and body through practice and, in the process of practice, build relationships of trust and strong friendships, thereby becoming persons who can contribute to creating a peaceful and fulfilling society. I appreciate the attractive aspects and issues associated with judo as a sport through my experience of promoting judo around the world, both as a judo competitor and instructor. I also sympathize with the spirit of "Seiryoku Zenyo (minimum energy, maximum effect)" and Jita Kyoei (prosperous coexistence for oneself and all other things)" advocated by Master Jigoro Kano, the founder of Kodokan Judo, and the modern Olympism conceived by Pierre de Coubertin.

If asked why I continue judo, I would respond with these words. The spirit of judo, the spirit of the Olympics, and the motto of our NPO all advocate understanding of others through sport, thereby contributing to world peace. The ultimate goal of sport is not to become the strongest competitor but to grow into a person who has a well-balanced body and mind and who can help others to create and maintain a peaceful society.

I am delighted if these judogis helped judo development in your country.

2 7 F36-

Yasuhiro YAMASHITA Director Certified NPO-Solidarity of International Judo Education NPO - Solidarity of International Judo Education \_\_\_\_\_\_http://www.npo-jks.jp

4-1-1 Kitakaname ,Hiratsuka,Kanagawa, JAPAN 59-1292 Tokai University Judo Office TEL:0463-58-1211(EX:3524) FAX:0463-50-2230